

2nd Annual UAND Southern Utah Dietitian Conference

Theme: From Nourishment to Knowledge: Advancing Health for All

Date: October 24, 2025 (Friday) – **FINAL AGENDA**

Location: Intermountain Cancer Center of St. George

600 South Medical Center Drive, Building 7, St. George, UT 84790

MAIN CONFERENCE AREA – NO BREAKOUT SESSIONS			
Time	Activity/Presentation	Presenters	Notes/Comments
8:30-9:15 AM	Registration Main Lobby	NA	
9:15-9:30 AM	Welcome/Introduction Keynote	Hannah Nickerson	
9:30-10:45 AM Q&A 10:45-11 AM 1.5 CEU	Keynote Presentation: Medical Complications of Severe Eating Disorders: What Every RD Needs to Know	Philip S. Mehler, MD, FACP, FAED, CEDS, Founder, ACUTE Center for Eating Disorders and Severe Malnutrition	Sponsored by ACUTE Center for Eating Disorders and Severe Malnutrition
11:00-11:45 AM Q&A 11:45-12 PM 1.0 CEU	Managing Food Cost and Dietary Budgets	Kelee Hansen, MBA, RDN, LD, CD. Owner, S&S Nutrition	Sponsored by S&S Nutrition
Lunch Break 12:00-12:45 PM	Lunch (buffet style)		<i>Venue catering</i>
12:45-1:30 PM Q&A 1:30-1:45 PM 1.0 CEU	Women's Health Decisions in 2025	Ashley Quadros MS, RDN, Account Manager, Eat Well Global	Sponsored by Diary West
1:45-2:30 PM Q&A 2:30-2:45 PM 1.0 CEU	Hyponatremia Out of the Clinic: What is EAH?	Suzanne Young Ph.D., MS, MBA, MPH, ACSM EP, ACSM-EIM, Assistant Professor, Southern Utah University.	
Afternoon Break 2:45-3:00 PM	Bio Break		
3:00-3:45 PM Q&A 3:45-4:00 PM 1.0 CEU	Capitol Conversations: Your Voice Matters in Advocacy	Nica Clark, PhD, RDN, CD, Asst. Professor, Utah Tech, UAND Advocacy Committee Chair 2025-2026	
4:00-4:45 PM Q&A 4:45-5:00 PM 1.0 CEU	Leveraging Artificial Intelligence to Transform Dietetic Practice	Jeremiah L. McGuire, MS, RD, CD, ACE-CPT, PNAP; UAND President 2025-2026	
5:00-5:30 PM (No CEU)	Closing Announcements and Networking Activity		
Harmons Cooking Class (optional): Separate registration, no CEU.			